



Cannes / Nice

Mediterranean Cycle Route

Départ Cannes	Arrivée Nice
Durée 2 h 23 min	Distance 35,54 Km
Niveau I'm starting out / with the family	Thématique Seaside

This is of course the red carpet stretch of the Mediterranean Cycle Route! A newly laid-out cycle path takes you along the Golfe de la Napoule. On Cannes's western Bocca Cabana seafront lined with palms, choose from a wide range of sports. Next come Cannes's port and the famous La Croisette with its cape - from here, admire the Lérins Islands just out to sea. Continue on to Juan-les-Pins, then Antibes, where covered market is hugely popular. Enjoy exploring the harbour. Past Villeneuve-Loubet's marina, join the lovely cycle track through Cagnes-sur-Mer. Cruise along the coast to Nice's Promenade des Anglais, from which you can discover the historic city. Many cyclists stop for a harbour-side drink at the specially-gear'd Café du Cycliste, contemplating the Corsica ferries coming and going.

The route

Signposting along this stage will soon be complete. This stage is relatively easy to tackle. However, you do need to take care at the numerous intersections where the cycle route crosses roads. Plus pedestrians, joggers, roller-skaters and other cyclists also share the way, making it a busy stretch.

The way alternates between portions of cycle tracks and cycle lanes and some stretches on roads shared with motorized traffic.

Please note that cyclists are limited to 10 kmph at Cagnes-sur-Mer, with frequent police checks, and 20kmph in Nice.

Links

Links are being set up towards the stations at Nice and Cannes.

PRACTICAL INFORMATION

Tourist Offices

[Office de tourisme de Cannes](#)

33 (0)4 92 99 84 22

[Office de Tourisme de Juan-les-Pins](#)

33 (0)4 22 10 60 01 (select 1)

[Office de Tourisme d'Antibes](#)

33 (0)4 22 10 60 10 (select 1)

[Office de tourisme de Cagnes sur Mer](#)

33 (0)4 93 20 61 64

[Office de tourisme de St-Laurent du Var](#)

33 (0)4 93 31 31 21

[Office de tourisme de Nice](#)

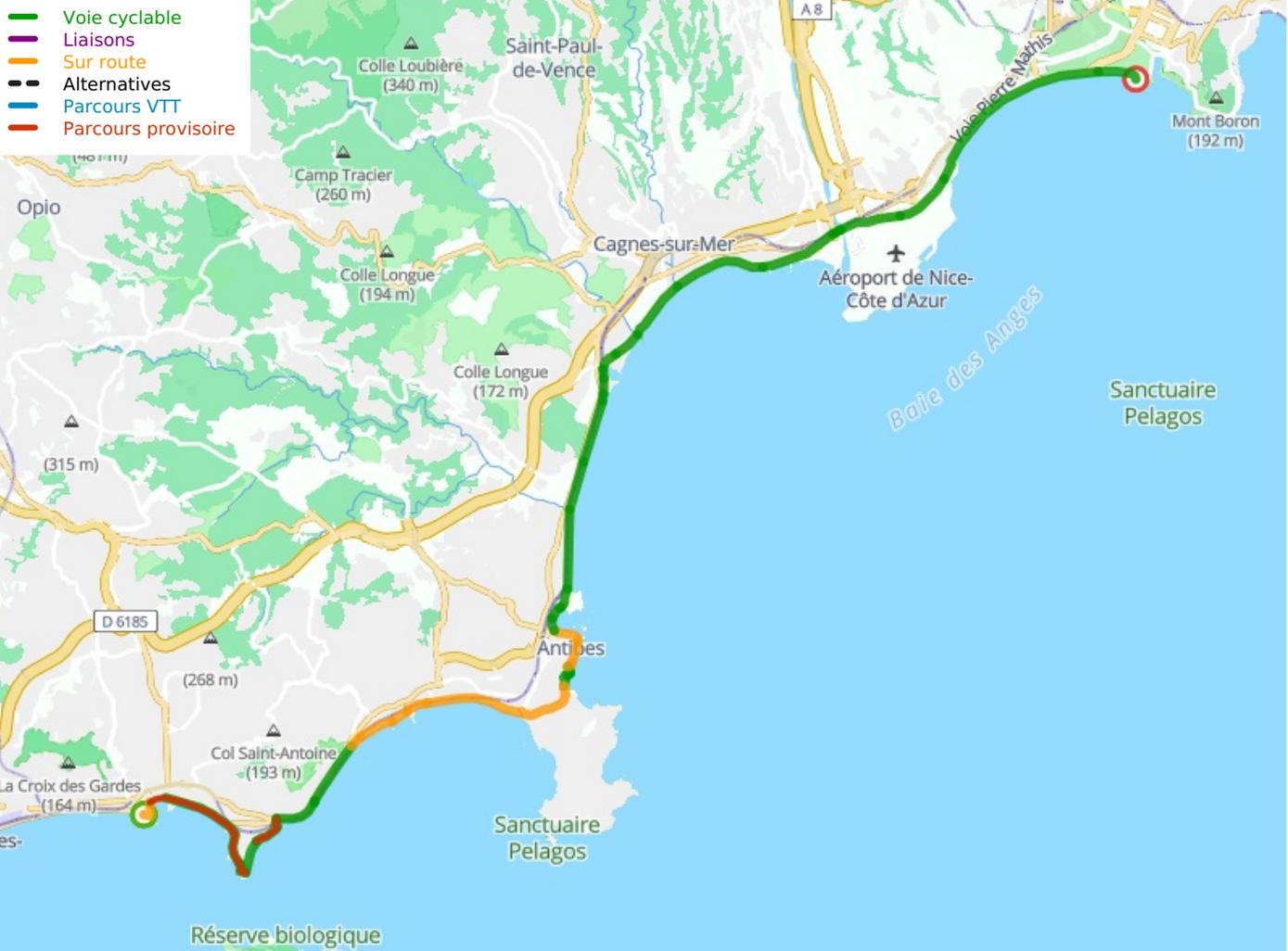
33 (0)4 92 14 46 14

SNCF train stations

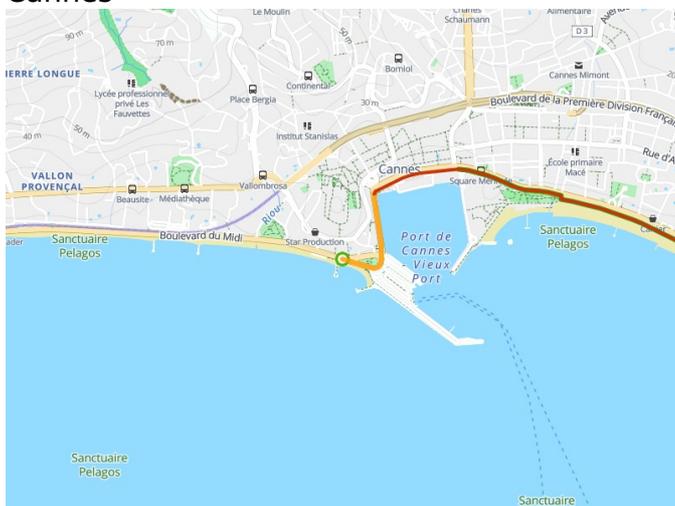
Cannes station
Golfe-Juan station
Juan-les-Pins station
Antibes station

Biot station
Villeneuve-Loubet station
Cagnes-sur-Mer station
Cros de Cagnes station
St-Laurent du Var station
Nice-St-Augustin station
Nice-Ville station
Nice-Riquier station

[Consult the timetables](#)



**Départ
Cannes**



**Arrivée
Nice**

